



**St. Alban's Parish Newsletter**  
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A Parish of the Archdiocese of Cardiff. A Registered Charity (No. 242380)  
 Served by Rosminians

Safeguarding Representative: Maggie Suller Tel. 07899748377



**18<sup>th</sup> August to 26<sup>th</sup> August**

**Twentieth Week in Ordinary Time**

**MASS INTENTIONS**

<b>Sat. 18<sup>th</sup> August</b> 12.00pm to 12.30pm 6.00pm Mass	<b>Votive Memorial of Our Lady</b> Confessions Michael & Theresa Collins
<b>Sun. 19<sup>th</sup> August</b> 10.00am Mass 12.00pm Baptism	<b>20<sup>th</sup> Sunday in Ordinary Time</b> Con Driscoll Morgan Simpson
<b>Mon. 20<sup>th</sup> August</b>  6.00pm to 7.00pm 7.00pm Mass	<b>St. Bernard, Abbott &amp; Doctor of the Church,</b> Adoration in St. Joseph's Chapel Martin Kilcommons
<b>Tues. 21<sup>st</sup> August</b> 9.30am Mass	<b>St. Pius X, Pope</b> Carmel English
<b>Wed. 22<sup>nd</sup> August</b>  7.00pm Mass	<b>The Queenship of the Blessed Virgin Mary</b> Shirley Edwards
<b>Thurs. 23<sup>rd</sup> August</b> 9.30am Mass,	<b>St. Rose of Lima, Virgin</b> Kathleen Moss
<b>Friday 24<sup>th</sup> August</b> 8.30am to 9.30am 9.30am Mass	<b>St. Bartholemew, Apostle</b> Adoration in St. Joseph's Chapel Win Page
<b>Sat. 25<sup>th</sup> August</b> 12.00pm Wedding 12.00pm to 12.30pm 6.00pm Mass	<b>Votive Memorial of Our Lady</b> James Harris & Danielle Regan Confessions DM of the Keniry Family
<b>Sun. 26<sup>th</sup> August</b> 10.00am Mass Baptism during Mass	<b>21<sup>st</sup> Sunday in Ordinary Time</b> DM of the Edwards family Emilia Bryan-Tomlinson

**What's on this Week**

WHAT	WHEN	WHERE
Legion of Mary	Monday 7.30pm	In the Presbytery
Union of Catholic Mothers	Monday 7.30pm	In the Presbytery
Divine Mercy Group	Tuesday 7.00pm	In the Presbytery
Our Faith, step by step	No Meeting this week	Will resume in Sept

**POPE FRANCIS AND FAMILIES**

"The weakening of faith and religious practice in some societies has an effect on families, leaving them more isolated amid their difficulties. One example of this is that of loneliness, arising from the absence of God in a person's life and the fragility of relationships in our modern world. Families often feel abandoned due to a lack of interest and attention on the part of institutions and even governments.

The Family is essential for the future of the world and of the Church. Everyone first learns what love means in the family, as they become aware that they are loved and learn how to love in return. The home is where children first learn about God. Parents hand on their faith to the children, not only by what they say but more importantly, by what they do and how they treat others, both inside and outside of the home. Grandparents also play a highly significant role in handing on faith to their grandchildren."

**Our Sick** Ethan Chichester, Lesley Barnett, Maria Jones, Colin Kingston, Gareth & Ethan Woodberry, Christian Babu, Pat Xuereb, David Burns, Jacob Meighan, Julie Cale, Henry Burns, Tina, Tracey & Chloe Price, Pat Kiiver, John Cowhey, Jack O'Leary, Mike McAuliffe, Sheila Downey, Daniel Young, Shelagh O'Donoghue, Barbara Murphy, David Jones, Paul Burns, Barbara Hurley, Patrick O'Rourke, Audrey Bodenham, Tom Marshall, John Busutti, Paul O'Brien, Don & Dorothy James, Mary Williams, Baby Irene, Veronica, Gareth Chard, Monique Collins, Fr. Tony Furlong.

**Anniversaries**  
 Patrick O'Grady, Dennis Barry, Ronald Oaten, Nora Caseres, Joan Chaplin, Helen Duffield, Lilian Nelson, Janice Leaman, Stella Aherne, Frances McJennett, Christina Hurley, Maureen Franks, Shirley Edwards, Rose Anderson, Winifred Page.

**Sacramental Preparation Course**  
 Courses for the Sacraments of Reconciliation and Holy Communion, and for the Sacrament of Confirmation will begin again in September/October  
 Anyone interested in any of the courses should come along and have a chat to either Theresa or Maggie, either before or after the Sunday morning Mass, to find out what is involved and how to apply.

**EAT MY FLESH AND DRINK MY BLOOD AND YOU WILL LIVE IN ME AND I WILL LIVE IN YOU.**

Perhaps the most astonishing words Jesus ever said, these words remind us that Holy Communion is the source and the means by which we draw so close to Him that we are not separated, for He will live His divine life in us and enable us to live our human life in Him. Can we begin to grasp the reality we speak of? To be so closely united to our all-mighty and eternal God that we are one?  
 When and if we receive Him today let us humble ourselves in the presence of this wonderful God who lowers Himself to live His divine life in us and raises us up to live in Him. Lord, help us to begin to grasp what it is you are telling us, and help us so to live with You now as to prepare for the eternal life of your Kingdom.

**CONGRESS SATURDAY**

As already indicated, we hope to hold a special celebration of the Real Presence on Saturday September 8<sup>th</sup>, the day of the Eucharistic Congress at Liverpool. Starting at 4.30p.m. there will be a Procession of the Blessed Sacrament around the church leading to the full rite of Benediction and the final blessing and then onto the celebration of Mass at 6.00pm This procession will be made up of as many Parishioners as possible but especially we hope that it will include this years First Communicant children. With this in mind, may we ask all parents NOW to prepare in this way to demonstrate to their children and to the passing world our deep faith in the Real Presence of Jesus in the Blessed Sacrament and so to make our sharing in the Congress an event for all to remember in the years ahead.

**Church Offerings 11<sup>th</sup> and 12<sup>th</sup> August**  
 Offertory Collection:- £557.21  
 Of which £203.20 was gift aided

### **Nazareth House Cardiff**

Are you looking for Nursing or Residential Care for yourself, a relative or a friend?  
Nazerth House in Colum Road, Cardiff, currently has beds available. If you are interested please contact the General Manager, Jayne Jefferson for more information.  
[jayne.jefferson@nazarethcare.com](mailto:jayne.jefferson@nazarethcare.com) 02920220943

### **An Appeal**

Do you have any spare tea sets, Milk Jugs etc. you no longer require?  
Our Coffee Morning 'Catering Department' are appealing for these to use at the Coffee Morning Tea Party in September, and for future use at similar occasions. Apparently what we used previously is no longer available.  
Can you help please?

Next Saturday, August 25<sup>th</sup> at 12.00pm we shall celebrate the  
**wedding of James Harris and Danielle Regan.**  
May they be greatly blessed in the years ahead.

### **200 Club Winners, July Draw**

1 <sup>st</sup>	No. 40	M. Healy	£50
2nd	No. 157	A. Edwards	£25
1 <sup>st</sup>	No. 47	A. Jeremy	£15

### **FR. MICHAEL**

will be away from next Tuesday until August 30<sup>th</sup>.

### **Wales and the Marches Catholic History Society**

The Society is trying to put together a full set of copies of the "Illtydian", the magazine of St. Illtyd's College, the Catholic Grammar School which served pupils from Cardiff, Newport and many other areas during the years 1923-1964 (the last year of the 11 plus exam). The magazine was first produced in 1929 and we are particularly looking for copies from the years before 1939. If you can help it would be much appreciated.  
Please contact the Secretary – Tricia Coulthard, either by phone 02920595899 or email [triciacoulthard@outlook.com](mailto:triciacoulthard@outlook.com).

*The Dean of Enniskillen visited an elderly lady in the parish. She confided that she believed her maid was plotting to get her hands on her money, because every time she went near the maid's parrot, the creature would screech: "I wish the old lady were dead." The Dean told her that he too had a parrot, which he had trained to recite the litany. He suggested they put the two parrots together so that the dean's could influence the maid's bird. This was done, and the next time the lady of the manor approached them the maid's parrot screeched, "I wish the old lady were dead," and the dean's parrot replied "We beseech thee to hear us, good Lord.."*

### **Follow us on Twitter and Facebook!**

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### **EUCCHARISTIC CONGRESS AT LIVERPOOL**

We now have five Parishioners who are going to attend the Congress on September 8<sup>th</sup>. Discussions are under way as to how we might mark this very special occasion here in the Parish, with the possibility of an extended period of adoration throughout the day leading up to Benediction prior to the evening Mass at 6.00pm. Whatever is decided, we will need the commitment of those who would be here before the Blessed Sacrament at listed times during the day and this would also unite us with all that is happening at Liverpool.

Since this event is connected with the Catholic teaching of His Real Presence it is also a reminder **that every Tuesday**, from 9.00am until 12.00pm, the church here is left open to enable all who wish to come to spend time in peace and stillness before the tabernacle. We hope that more will now use this opportunity and grow in this very important and valuable aspect of Catholic life and faith.

### **YOUTH 2000 FESTIVAL AT WALSINGHAM** will take place on August 23<sup>rd</sup> - 27<sup>th</sup>

and the Archdiocese is running a minibus to that event. This is a 5-day camping festival run by young people, for young people and is an opportunity to discover God in other young people and to share in all the events and activities of this time together. We urge and encourage our young people between 16 and 35 years of age to contact Madeline Page on 02920 365965 or by email on [madeline.page@rcadc.org](mailto:madeline.page@rcadc.org)

### **Contact Details**

**St. Peter's Catholic Church** 029 20483394  
([stpeterscardiff@gmail.com](mailto:stpeterscardiff@gmail.com))

**St. Joseph's Catholic Church** 029 20411819  
([saintjosephs@ntlworld.com](mailto:saintjosephs@ntlworld.com))

**St. Alban's Catholic Church** 02920463219  
([newsalbans@gmail.com](mailto:newsalbans@gmail.com))

**St. Alban's Primary School**  
Mona Place, Tremorfa  
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Tel. 029 20462915  
([stalbansprm@cardiff.gov.uk](mailto:stalbansprm@cardiff.gov.uk))

**Corpus Christi High School**  
Pontprennau  
Tel 029 20751893

**St. Illtyd's Catholic High School** Newport Road, Rumney  
Cardiff CF3 1XQ  
Tel. 029 20778174

**St. David's Catholic Sixth Form College**  
Ty Gwyn Road, Penylan  
Cardiff CF23 5QD  
Tel. 029 20498555

