



St. Alban's Parish Newsletter
 Cameron Street, Splott, Cardiff, CF24 2NX Tel. 029 20463219
Fr. Philip Scanlan , Fr. Michael McCarthy

A Parish of the Archdiocese of Cardiff. A Registered Charity (No. 242380)
 Served by Rosminians

Safeguarding Representative: Maggie Suller Tel. 07899748377



4th August to 12th August

Eighteenth Week in Ordinary Time

MASS INTENTIONS

Sat. 4th August 12.00pm to 12.30pm 6.00pm Mass	St. John Mary Vianney, Priest Confessions Richie Hiles
Sun. 5th August 10.00am Mass 6.30pm Service	18th Sunday in Ordinary Time Anna Pritchard Prayers, Readings & Benediction
Mon. 6th August 6.00pm to 7.00pm 7.00pm Mass	The Transfiguration of the Lord Adoration in St. Joseph's Chapel Florence & Edward Westgarth
Tues. 7th August 9.30am Mass 12.00pm Funeral Service	St. Sixtus II, Pope, and companion Martyrs Richie Hiles G.E. of Gavin Young
Wed. 8th August 7.00pm Mass	St. Dominic, Priest Pauline Hawkins & Raymond Helkvist
Thurs. 9th August 9.30am Mass,	St. Teresa Benedicta of the Cross Richard Hiles
Friday 10th August 8.30am to 9.30am 9.30am Mass	St. Lawrence, Deacon & Martyr Adoration in St. Joseph's Chapel Peter O'Brien
Sat. 11th August 12.00pm to 12.30pm 6.00pm Mass	St. Clare, Virgin Confessions Terry O'Brien
Sun. 12th August 10.00am Mass	19th Sunday in Ordinary Time For those with serious medical conditions

What's on this Week

WHAT	WHEN	WHERE
Prayer Service	Sunday 6.30pm	In the Church
Legion of Mary	Monday 7.30pm	In the Presbytery
Union of Catholic Mothers	Monday 7.30pm	In the Presbytery
Coffee Morning	Tuesday 10..am	In the Hall
Divine Mercy Group	Tuesday 7.00pm	In the Presbytery
Our Faith, step by step	No Meeting this week	Will resume in Sept

THE LIVING BREAD

Still overcome by the free meal they had received at the hands of Jesus, and aware of the historical belief that God had fed the people of Israel in the desert centuries before, the people now ask Jesus for yet another sign to justify their acceptance of Him and His claims. Jesus takes the opportunity to direct their thoughts away from bread that cannot last to a form of food which He says has been given by His Father and which gives life to the world. Hardly understanding what He was saying, the people then ask Him to 'give us that bread always'. These words uncover the whole meaning of the feeding of the crowds and of the conversation which followed, for it gives Jesus the opportunity to make the fundamental teaching which was so vital in the overall meaning and of His Gospel message: 'I am the Bread of life.' By and through our catholic life and faith, we know how important these words are and remain until the end of time: Jesus is the Bread of Life and when we receive Him in Holy Communion we receive a share in His divine life – nothing more, but nothing less.

Our Sick

Ethan Chichester, Lesley Barnett, Maria Jones, Colin Kingston, Gareth & Ethan Woodberry, Christian Babu, Pat Xuereb, David Burns, Jacob Meighan, Julie Cale, Henry Burns, Tina, Tracey & Chloe Price, Pat Kiiver, John Cowhey, Jack O'Leary, Mike McAuliffe, Sheila Downey, Daniel Young, Shelagh O'Donoghue, Barbara Murphy, David Jones, Paul Burns, Barbara Hurley, Patrick O'Rourke, Audrey Bodenham, Tom Marshall, John Busutti, Paul O'Brien, Don & Dorothy James, Mary Williams, Baby Irene, Veronica, Gareth Chard, John Furlong.

Anniversaries

Terence McGrath, Frederick Phillips, Vivienne McDonagh, Joseph Walentin, Martyn George, Florence Hurley, Thomas Houlihan, Doreen Miller, Richard Hiles, Frances Ford, Andrew Horan, Thelma Hopkins, Terence O'Connell, Sean Regan, Agnes Dacey, Maureen Irwin, Kathleen Buckley, Anthony Carey.

Sacramental Preparation Course

Courses for the Sacraments of Reconciliation and Holy Communion, and for the Sacrament of Confirmation will begin again in September/October
 Anyone interested in any of the courses should come along and have a chat to either Theresa or Maggie, either before or after the Sunday morning Mass, to find out what is involved and how to apply.

Coffee Morning

Our next Coffee Morning is on Tuesday this week at 10am in the Hall. Includes 200 Club Draw, tea coffee, a chat and bingo. All are welcome

World Families Meeting: Dublin, August 21st-26th

The attention of the Catholic world is focused on this international meeting of families in August. As Pope Francis has shown how important he sees this meeting to be by attending the final Mass on August 26th, we feel it is right that we should unite ourselves and all our families with that meeting by a special celebration here in our parish. Details of this Parish celebration will be published in the next few weeks and we hope that our union with the gathering in Dublin will be well-supported by all our Parish families.

Church Offerings 28th and 29th July

Offertory Collection:-	£ 625.00
Of which	£ 280.50 was gift aided

EUCCHARISTIC CONGRESS AT LIVERPOOL

We now have five Parishioners who are going to attend the Congress on September 8th. Discussions are under way as to how we might mark this very special occasion here in the Parish, with the possibility of an extended period of adoration throughout the day leading up to Benediction prior to the evening Mass at 6.00pm. Whatever is decided, we will need the commitment of those who would be here before the Blessed Sacrament at listed times during the day and this would also unite us with all that is happening at Liverpool.

Since this event is connected with the Catholic teaching of His Real Presence it is also a reminder **that every Tuesday**, from 9.00am until 12.00pm, the church here is left open to enable all who wish to come to spend time in peace and stillness before the tabernacle. We hope that more will now use this opportunity and grow in this very important and valuable aspect of Catholic life and faith.

Recently Deceased

Please remember in your prayers

Clifford Baralos, Michael Fleming & Patricia Littlemore
Clifford's Funeral Service was held on Tuesday
Michael's Funeral Service will be on Wednesday August 8th at 10.15am
Details of **Patricia's** funeral have not yet been finalised.

May they rest in peace

As Sunday is the first Sunday of the month there will be a special service of **Prayers, Readings and Benediction**, starting at 6.30pm. This service will anticipate the international congress on the Family which is due to take place in Dublin from August 21st to the 26th. We therefore hope that many families of the Parish will come to share in the consecration of our families to Christ and to the Church.

Wales and the Marches Catholic History Society

The Society is trying to put together a full set of copies of the "Illtydian", the magazine of St. Illtyd's College, the Catholic Grammar School which served pupils from Cardiff, Newport and many other areas during the years 1923-1964 (the last year of the 11 plus exam). The magazine was first produced in 1929 and we are particularly looking for copies from the years before 1939. If you can help it would be much appreciated.

Please contact the Secretary – Tricia Coulthard either by phone 02920595899 or email triciacoulthard@outlook.com.

We are always ready to accept volunteers to help with the many tasks which have to be carried out each week in various parts of the Parish life and work. If anybody is interested, please have a word with Fr. Philip. We would like also to increase the membership of the Parish Council so, to find out what that means and its commitment, please see Fr. Philip.

A Welshman was shipwrecked at sea and marooned on a desert island. When a passing vessel picked him up 5 years later the crew were amazed to find his little island covered in fine buildings that he had built himself. With pride, the Welsh Robinson Crusoe took the captain around the island and pointed out to him his house, workshop, electricity generator and two chapels. "But what do you want two chapels for?" asked the Captain "Oh, that's the one I don't go to," he replied

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CALLING ALL TAXPAYERS

It's never too late to join the Gift Aid Scheme.

The new tax year started on April 6th, and all parishioners who are taxpayers are encouraged to seriously consider paying their offerings through the Gift Aid Scheme. All Gift Aid offerings are topped up by 25% courtesy of the Tax Man **AT NO EXTRA COST TO YOU!** All you need to do is to sign a simple declaration form stating you are a taxpayer and we will do the rest – the forms are available at the back of the Church.

The numbers in the scheme are dropping, due to mainly older parishioners passing away.

Despite our appeals we did not have a single parishioner join the scheme for the current tax year.

Nazareth House Cardiff

Are you looking for Nursing or Residential Care for yourself, a relative or a friend?
Nazareth House in Colum Road, Cardiff, currently has beds available. If you are interested please contact the General Manager, Jayne Jefferson for more information.
jayne.jefferson@nazarethcare.com 02920220943

Contact Details

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St. Illtyd's Catholic High School Newport Road, Rumney
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St. David's Catholic Sixth Form College
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