



St. Alban's Parish Newsletter
 Cameron Street, Splott, Cardiff, CF24 2NX Tel. 029 20463219
Fr. Philip Scanlan , Fr. Michael McCarthy

A Parish of the Archdiocese of Cardiff. A Registered Charity (No. 242380)
 Served by Rosminians

Safeguarding Representative: Maggie Suller Tel. 07899748377



8th July to 16th July 2017

14th Week in Ordinary Time

MASS INTENTIONS

What's on this Week

Sat. 8th July 12.00 to 12.30pm 6.00pm Mass	Votive Memorial of Our Lady Confessions Michael & Theresa Collins
Sun. 9th July 10.00am Mass	14th Sunday in Ordinary Time Angelika Spiteri
Mon. 10th July 6pm – 7pm 7.00pm Mass	Weekday of Ordinary Time Adoration in St. Joseph's Chapel Carmo Rodrigues
Tues. 11th July 9.30am Mass	St. Benedict, Abbott, Patron of Europe GE of Tom & Sheila Downey
Wed. 12th July 7.00pm Mass	St. John Jones, Priest & Martyr For Broken Families
Thurs 13th July 9.30am Mass	St. Henry Jean Davies
Friday 14th July 8.30 am to 9.30am 9.30 am Mass	St. Camillus de Lellis, Priest Adoration in St. Joseph's Chapel For all Refugees
Sat. 15th July 12.00pm to 12.30pm 6.00 pm Mass	St. Bonaventure, Bishop and Doctor of the Church Confessions Mary & Douglas Saltmarsh
Sun. 16th July 10.00am Mass	15th Sunday in Ordinary Time William & Julia Blake, also Christina Hurley

WHAT	WHEN	WHERE
Legion of Mary	Monday 7.30pm	Presbytery
Union of Catholic Mothers	Monday 7.30pm	Presbytery
Divine Mercy Group	Tuesday 7.30pm	Presbytery
Unravelling the Gospels	Wednesday after Mass	St. Joseph's Chapel

The easy yoke and the light burden.

When we read these words we might be tempted to recall from experience that sometimes His yoke is not easy and the burden of His way is far from light. So what did He mean? The experts tell us that the word used here - "easy" - does not convey the real meaning of the original word which is "well-fitting". Jesus is telling us that all that the Father sends us is well-fitting for us personally and that He gives us the grace we need to carry that burden and that when we carry that burden in love, then it becomes lighter. And this is why Jesus invites us to 'come to Me, all you who labour, and I will give you rest and out of the problems and pains of life I will create for you a final destiny which will bring you total fulfilment and a happiness that is beyond your imagination....do not be afraid.'

Our Sick
 Ethan Chichester, Lesley Barnett, Bernard Toft, Maria Jones, Colin Kingston, Gareth & Ethan Woodberry, Bob Molcher, Christian Babu, Val Kenealy, Kath Helkvist, Pat Xuereb, David Burns, Jacob Meighan, Julie Cale, Henry Burns, Tina, Tracey & Chloe Price, David Bateman, Anna Sueref, Pat Kiiver, John Cowhey, Jack O'Leary, Mike McCauliffe, Tom and Sheila Downey, Jean Alderman, Daniel Young, Shelagh O'Donoghue, Fr. John Bland IC, Barbara Murphy, David Jones, Paul Burns, Barbara Hurley, Patrick O'Rourke, Audrey Bodenham.

Anniversaries
 Gwendoline Watts, Patrick Kerin, Jerry O'Sullivan, Johnny Taylor, Christine Palmer, Michael Walentin, Timothy Mahoney, Norma Barry, John Walsh, Elaine Regan, Julie Cole, Dorothy Jones, Merle Howells, Dennis O'Connell, Pamela Murphy, Graham Hurford.

Apostleship of the Sea.

Jesus, Simon Peter, James, John and Andrew all knew very well the perils of the sea. We see them in real danger in a storm at sea and we see them knowing that there had been no catch that night. In our own times, the same reality exists for those whose work is at sea – months spent at sea, working long hours in cramped conditions, battling storms and gales and, most hurting of all, being separated from their families. The Apostleship of the Sea responds to these needs in Port and at sea, providing spiritual and material comfort when needed. Priests and Port Chaplains are available to visit and support seamen when they dock at our ports. The retiring collection today is for this need.

On Wednesday evening
 After the 7.00pm Mass we shall continue the weekly meetings to "Unravel the Gospels" All Parishioners are invited to share in these discussions.

Church Offerings 1st & 2nd July 2017

Offertory Collection -	£742.75
Of which	£363.05 was Gift Aided
Peter's Pence	£194.45

Sea Sunday
 This weekend we observe the day of prayer for those at Sea (Sea Sunday) and there will be a retiring collection for the Apostleship of the Sea.

HOLY COMMUNION IN THE HEATH HOSPITAL

Each Sunday two or three extraordinary Ministers from Cardiff Parishes bring Holy Communion to the sick in the University Hospital of Wales. More Ministers are urgently needed. If you could help please speak to your Parish Priest and then contact Bro Brian for further details on 20743230 (UHW) or 20411819 (Home) or email brianioc@ntlworld.com

SPLOTT BRIDGE WORKS

As many residents in this area are unaware of the new proposals for the bridge access in the next few weeks we print here a summary of the changes

The bridge will be closed to all vehicles from August 13th until September 4th

There will be **NO** pedestrian access over the bridge at the following times:-

Between 8.00pm on August 19th and 11.00am on August 20th,

Between 7.00am and 7.00pm on August 22nd

Between 7.00am on August 23rd and 1.00am on August 25th

Between 11.00pm on August 25th and 1.00pm on August 28th

Between 11.00pm on September 2nd and 4.00pm on September 3rd.

While the bridge is closed a minibus service with wheelchair access will be available to transport residents from one side to the other.

ADAMSDOWN FOOTBRIDGE (the Black Bridge)

Between early July and August Bank Holiday weekend, this bridge will be closed to pedestrians from 10.00pm on Saturdays to 7.00am on Sundays. The footbridge will be completely closed over the Bank Holiday weekend from August 26th until August 28th. For further details and information phone 03457 11 4141

SPUC SPONSORED WALK

The SPUC Branch Committee wish to thank the parishioners of St. Alban's for their usual and amazing response to our recent 44th Annual Sponsored Walk. The amount of sponsorship was an incredible £478.79. This money finances our local SPUC Branch activities. God Bless you and yours.

THE ROSMINIAN MISSION

A small number of copies of this recently written book by Fr. Michael Hill are available for purchase at the back of the Church, price £20. Tracing the history of the the impact of the Rosminian Order in this part of Cardiff over a period of 150 years, the book will be of great interest to anyone wishing to discover the growth of the Church in Splott and other parts of South Wales. If anyone wishes to order other copies, there are order forms available at the back of the church which should be filled in and handed to one of the Priests for posting to the Publishers.

Please note that Fr. Michael is away on holiday until July 21st.

Follow us on Twitter and Facebook!

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Children's Liturgy Group

The Children's Liturgy Group will now be taking a well earned break for the summer and will start up again in September. Theresa and Maggie would like to thank all our parents and parishioners for all their help and support they have provided over the past year, and we look forward to your continued support going forward.

Sacramental Preparation Course 2017/2018

Parents who wish their child/children to take part in the next Sacramental Preparation Course for the Sacraments of Reconciliation and Holy Communion should make themselves known to Theresa and Maggie and pick up their Mass attendance booklets. Candidates for Confirmation should also speak to Theresa and Maggie. Information meetings for all three Sacraments will be held in September/October.

200 Club Winners – June 2017 Draw

1st – No. 22 – Janice Toft - £50

2nd – No.163 – L. Iacobucci - £25

3rd – No. 76 – P. Walentin - £15

"I don't mind dying. Trouble is , you feel so stiff the next day" - George Axelrod

"How would you like to die?"

At the end of a sentence." - Peter Ustinov

"I have never killed a man, but I have read many obituaries with great pleasure" - Clarence Darrow

Contact Details

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Corpus Christi High School

Pontprennau

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St. Illtyd's Catholic High School

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